



Total FTEs: 155 Total Captured: 117 Percent Captured: 75.5%

AGE PROFILE

<u>Age Range</u>	<u>Male</u>	<u>Female</u>
Under 20	3.4%	5.1%
20-29	6.8%	7.6%
30-39	7.6%	9.4%
40-49	9.4%	11.1%
Over 50	20.5%	18.8%
Average Age	41	42
Gender	47.8%	52.1%

Compare your company with others in the area and to national averages.

MODIFIABLE LIFESTYLES

Tobacco

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Smoke Cigarettes	30.7%	26.2%	17.5%
Smokeless Tobacco	3.4%	2.7%	3.9%

Exercise

Never or Rarely	42.7%	39.0%	18.8%
Sometimes	30.7%	29.1%	
Frequently	26.4%	31.7%	

Discover areas of "risk" before they become areas of "cost."

Wear Seat Belts

Never or Rarely	12.8%	7.6%	3.7%
Sometimes	35.8%	19.2%	8.2%
Frequently	51.2%	73.1%	88.1%

BODY COMPOSITION

Body Mass Index

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Lean	3.4%	4.4%	1.4%
Desirable	31.6%	27.3%	34.1%
Overweight	35.8%	40.1%	36.4%
Obese	25.6%	24.3%	24.4%
Severely Obese	3.4%	3.7%	3.7%
Total Overweight / Obese	64.9%	68.1%	3.7%

Body Fat Percentage

Below Average	44.4%	41.6%	56.9%
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Waist To Hip Ratio

Increased Risk	39.3%	27.2%	40.7%
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HEALTH CHARACTERISTICS

Conditions

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Asthma	17.9%	27.3%	6.4%
Arthritis	21.3%	40.9%	12.9%
Frequent Stress	27.3%	31.8%	20.9%
Depression Symptom	16.6%	11.1%	22.0%
Seasonal Allergies	29.0%	27.3%	45.5%
Frequent Headaches/Migraines	27.3%	43.1%	10.7%
Frequent Heartburn	16.2%	12.9%	9.0%
Heart Disease	4.2%	4.9%	3.1%
Sign of Bone Loss	23.0%	7.7%	24.0%
No Primary Care Physician	30.7%	20.2%	

Get out ahead of the issues before they impact your business... and your people.

Family History

Cancer	36.7%	38.5%	
Heart Disease	58.1%	48.4%	36.8%
High Blood Pressure	57.2%	50.5%	56.5%
Stroke	23.0%	45.7%	25.0%
Diabetes	35.0%	31.8%	42.6%
Osteoporosis	10.2%	29.9%	10.1%

DIABETES

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Have Diabetes	8.5%	12.3%	4.4%
Type II Diabetes	80.0%	61.7%	79.3%
Normal Glucose Screening Level	89.7%	83.9%	90.4%
Above Normal Glucose Screening Level	10.2%	16.0%	9.6%

BLOOD PRESSURE PROFILE

Screening Results

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Normal	70.9%	61.5%	52.0%
High Normal	15.3%	17.4%	33.3%
Hypertension	13.6%	21.0%	14.7%

Self Reported

High Blood Pressure	16.2%	18.2%	23.1%
On Medication	10.2%	28.3%	65.3%

LIPID PROFILE

Total Cholesterol

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Desirable	54.7%	47.2%	57.4%
Borderline High	30.7%	38.2%	29.9%
High	14.5%	14.4%	12.7%

HDL

Desirable	29.9%	28.5%	27.8%
Borderline High	60.6%	54.6%	51.2%
High	9.4%	16.7%	21.0%

LDL

Desirable	53.8%	59.8%	67.0%
Borderline High	29.9%	28.2%	22.4%
High	16.2%	11.8%	10.6%

Cholesterol Ratio

Desirable	52.1%	20.3%	39.0%
Borderline High	33.3%	24.7%	40.4%
High	14.5%	54.8%	20.6%

Triglycerides

Desirable	82.9%	76.5%	65.4%
Borderline High	16.2%	19.1%	15.5%
High	0.8%	4.2%	19.1%

PSA

Elevated PSA Level	3.4%	11.9%	2.0%
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SCREENING HISTORY

Not Checked in the Last Year

	<u>Your Workforce</u>	<u>Market</u>	
Blood Pressure	19.6%	40.7%	
Cholesterol	23.0%	43.9%	31.4%
Glucose	33.3%	29.4%	33.4%

Find out what screenings are needed for your employees.

Never Checked

Physical Exam	17.9%	22.8%	11.3%
Pap Smear	14.2%	22.9%	3.4%
Mammogram (women over 40)	45.7%	28.7%	11.5%
Prostate Exam (men over 40)	57.1%	51.2%	32.0%

EXERCISE TESTING

Below Average

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
VO2 Max	48.7%	45.1%	45.0%
Grip Strength	52.1%	52.1%	52.3%
Flexibility	59.8%	55.5%	55.7%
Abdominal Muscle Endurance	12.8%	14.6%	14.7%
Upper Body Muscle Endurance	5.9%	8.7%	8.5%

*Market data is based on all consumers in the market that belong to employer groups